



## Xflash!™ Etiquette

### Pre treatment:

- ✓ Avoid self tanners and the solarium for 1 month before your treatment.
- ✓ Do not attend other treatment courses 1 month before Xflash!™ treatment.
- ✓ Complete the contra-indication form before attending any treatment sessions.

### Post treatment:

- ✓ Do not scratch, pluck or shave the hair following the treatment for at least 48 – 72 hours as the skin is delicate and sensitive.
- ✓ Use only unscented creams or lotions whilst the area is sensitive.
- ✓ In 3 - 14 days, you will see stubble representing dead hair being shed from the hair follicle. Allow this hair to fall out of the skin by gently rubbing with a warm, wet washcloth.
- ✓ Do not use exfoliating products (AHAs, scrubs, etc) and loofas until at least 24 hours after treatment.
- ✓ Avoid saunas, steam rooms, whirlpools, tanning and other heated sources for at least 48 - 72 hours to minimise irritation.
- ✓ Should not attend any other similar treatments to avoid skin irritation.
- ✓ Please notify your therapist about new medications or conditions for subsequent treatments.